

Effects of drug use and smoking during pregnancy

	Knowledge	Skills	Competences
Level 3			
Learning outcome	She/he knows about the impact of substance abuse like smoking during pregnancy.	She/he is able to identify signs of attention and concentration problems as possible results of smoking cigarettes during pregnancy.	She/he actively seeks supervision and own professional support when working with substance abusers.
Exercise	What are the consequences for the unborn child if the mother smokes during pregnancy?	When the mother smokes cigarettes, some studies illustrate children demonstrating behavioural and inattention problems. Please consider and identify attention problems of a child within your practice.	Nicotine abuse during pregnancy is not always known, as behavioural and attention problems can have many causes. What steps would you consider useful before you include the parents / caregivers of the child?
Level 4			
Learning outcome	She/he has profound knowledge about the health risks for children, whose mothers have been drug-addicted during pregnancy. She/he describes the neonatal withdrawal syndrome in detail.	She/he plans and performs educational strategies to create every day relationships at a level that is safe and reliable for the children.	She/he plans intervention strategies for families and initiates nurturing situations in which children are able to experience positive feedback and respect as well as clear boundaries.
Exercise	Please describe the neonatal withdrawal syndrome and the health risks of children of drug-addicted mothers after birth	Positive relationship experiences are important for children in general and especially for children with unstable life experiences. In your view, what are positive	It is often said that children are receptive of praise recognition and appreciate clear boundaries and a consistent parenting style. A consequence is also considered to be a positive approach.

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		<p>relationship experiences?</p> <p>What approaches do you put into your daily practice that creates everyday relationships at a level that is safe and reliable for the children you work with?</p> <p>What have you previously tried before? What has been proven? Is there something you are currently planning with your colleagues?</p>	<p>How are the two different?</p> <p>Describe one or two situations when either praise or a consequence was given to support a child.</p> <p><i>Helpful questions:</i> How did the child benefit when praise was given? How did the child express their emotions, motivation, attention, initiative etc...?</p>
Level 5			
Learning outcome	She/he knows in depth about the risk for children to acquire so-called secondary disabilities when living with parents who were/are addicted to drugs.	She/he is able to assess the impact of substance abuse on the development of a child and plans individual interventions for the child and the family.	She/he performs autonomously assessment and intervention processes together with the child and the family.
Exercise	Which factors are considered for children who are prenatally exposed to drugs substances, with an increasing risk to acquire so-called secondary disabilities? And what impairments or disabilities can be caused because of this?	Describe how you assess the child for development and how you use it for planning prevention and promotion (incl. Any critical remarks).	Discuss how important networking is with other professionals in your work? What are your objectives in the collaboration? Discuss the style preferred for a specific approach (e.g. TAC - team around the child)?